

PEST SPOTLIGHT

— PRESENTED BY ORKIN CANADA —



COCKROACHES

German, American, Oriental and Brownbanded

Cockroaches can be a major health concern. Seeing just one is a possible sign of infestation.

WHY THEY'RE A THREAT

- They can spread disease, contaminate food, trigger allergies and even cause asthma.
- Cockroaches are known for their ability to transmit a number of pathogens, including *E. coli*, *Salmonella* spp. and typhus, and viral diseases such as poliomyelitis.
- They can enter buildings through spaces as small as 1/6 cm.
- Cockroaches reproduce rapidly and are difficult to control.
- Droppings can stain surfaces.

WHERE TO FIND THEM

Cockroaches are mostly nocturnal insects. They prefer dark, moist places to hide and breed. Because they can flatten their bodies to fit into narrow spaces, cockroaches may be found in:

- Hidden, protected places like wall voids, false ceilings, beneath floors and in/under appliances and equipment
- Food preparation and dining areas
- Employee locker rooms
- Storage areas and closets
- Laundry areas
- Waiting areas
- And many other places!



PREVENTION TIPS

Take the following steps to help prevent cockroaches from invading your facility:

- In all areas that may involve food, pay special attention to cleaning up any food debris, scraps and trash. Cockroaches will eat anything provided to them.
- Sweep and mop regularly to remove debris that attracts cockroaches. Don't forget to clean underneath machines, other equipment, tables and beds.
- Clean any spills and quickly fix any leaking appliances to remove moisture sources attractive to cockroaches.
- Inspect all incoming shipment boxes thoroughly for droppings as well as live or dead pests.
- Seal cracks, gaps and holes in doors, windows and walls where cockroaches can easily enter.
- Periodically inspect and clean employee lockers.
- In food preparation areas, make sure all food is put away in airtight containers.
- Empty and wash trash bins on a regular schedule.
- Keep vegetation trimmed back at least two-feet from buildings.
- Establish a routine monitoring program that includes insect monitors and periodic inspections.

For more information about cockroach prevention and treatment, visit orkincanada.ca.